

Review Article

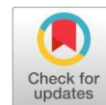
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From sea to soil: How seaweed extracts benefit vegetable production?

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ABSTRACT

The increasing reliance on inorganic, chemical fertilizers to meet the global food demands has posed a significant threat to human health and the environment. However, there has been a continuous search for eco-friendly alternatives. Recently, a sustainable alternative in the form of seaweed-based bio-fertilizers has garnered considerable attention for their nutrient-rich nature and ease of application. Generally, the seaweeds are classified into red, green, and brown algae, and all of them can be used to prepare seaweed extracts. They are rich in proteins, carbohydrates, vitamins, minerals, and plant growth regulators like auxins and cytokinins etc. Their application in agriculture has been linked to significant improvements in growth, yield, and quality parameters of various crop plants by different researchers. They are particularly useful in vegetable crops and hence can be used to enhance vegetable production worldwide. They have been found quite useful across a variety of vegetable crops. Seaweed extracts are commercially available in their liquid, powder, or granular forms, which are shown to have a variety of benefits, like improvement in nutrient uptake, stimulation of soil microbiota, and boosting of antioxidant properties. Further, the seaweed extracts are also effective in mitigating both biotic and abiotic stress in vegetable crops, including drought, salinity, temperature extremes, insect pests, and plant pathogens, by improving plant defence responses and improving their physiology to enhance stress resilience. Commercially important seaweeds are harvested from coastal regions, where the setting up of such industries is more economical. Various studies consistently demonstrate that integrating the use of seaweed extracts as bio-stimulants with conventional fertilizers can enhance crop performance with reduced environmental concerns. However, there have been some challenges in their application and dosage optimizations, on a plant-to-plant bases. The present review proposes seaweed extracts as non-toxic, bio-degradable bio-stimulants as a promising solution for achieving sustainably in agriculture and improving global vegetable production for ensuring the nutritional security of the increasing human population.

Keywords: Biostimulants, Sustainable agriculture, Organic fertilizers, Plant growth regulators, Stress tolerance, Crop productivity, Chemical fertilizers, Soil microbiota, Vegetable crops.

Introduction

With the aim of producing larger yields from a limited amount of land, inorganic fertilizers are swelling in demand as the population grows, leading to enhanced need for food and fiber. Only by adopting new agricultural technological practices, such as switching from chemical intensive agriculture and using organic inputs like manure, seaweed biofertilizers, biopesticides, slow-release fertilizer, and nano-fertilizers, etc., will improve the application and use efficiency of the fertilizers and the detrimental effects of these synthetic chemicals on human wellness and the ecosystem can be reduced or eliminated. With the aim of producing larger yields from a limited amount of land, inorganic fertilizers are swelling in demand as the population grows, leading to enhanced need for food and fiber. A healthy environment and ecology for the present and the future will result from choosing organic farming [1] over inorganic fertilizers.

The agricultural sector will gain from seaweeds since they are often compostable, harmless, noncorrosive, and unthreatening to living beings [2].

Seaweeds are macroscopic marine algae that are categorized into three types based on their colour [3] viz., green, brown, and red (Figure 1). The nutritional value of seaweeds and their advantageous non-nutritive components are well established. Carbohydrates, minerals, proteins, and vitamins are all abundant in seaweeds. Red seaweeds are rich in proteins, while green seaweeds are densely packed with lipids and carbohydrates. Up to 36% of its dry weight is made up of minerals [4]. Natural seaweeds are being used in place of synthetic fertilizers. Because seaweed extracts contain a variety of growth regulators, including cytokinins [5], auxins [6], gibberellins [7], and other macro and micronutrients essential for plant growth, they are highly effective liquid fertilizers and bio-stimulants. Seaweed extracts improve nitrogen uptake from soil [8], develop tolerance to ecological stress [9], aid in the creation of expedient soil bacteria [10], and support antioxidant qualities [11].

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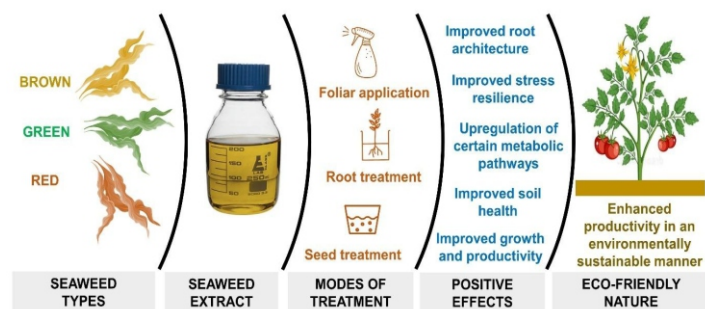


Figure 1: A schematic diagram showing how the extracts obtained from different types of seaweeds are applied in vegetable crops and improve their overall growth productivity and stress resilience in an eco-friendly manner.

About 60 of the roughly 700 marine algae species that have been described in the deep-water and offshore areas of the Indian coast are significant from a commercial standpoint. In India, Tamil Nadu, Gujarat, Maharashtra, Goa, Lakshadweep, Andhra Pradesh, and Karnataka are the top seaweed-producing states. The Andaman and Nicobar Islands, West Bengal, and Orissa are also home to a few species [12,13]. The three main classifications of seaweeds are based on their ability to absorb a specific wavelength of light and the primary colour that they contain. The kingdom Protista comprises three kinds of algae: the Rhodophyta (red algae), the Chlorophyta (green algae), and the Phaeophyta (brown algae) [14]. Of these, only 10% of the total documented green algae are found in marine environments, whereas the members of red and brown algae are typically found in aquatic environments. Seaweeds are known to produce a variety of polysaccharides that either act as a reserve food source or are an essential part of their cell walls. Anti-cancer, anticoagulant, antidiabetic, anti-inflammatory, and antibacterial properties have been found in these polysaccharides [15]. They are commonly considered 'wonder plants of the sea' because of their growing demand in the food, cosmetic, and pharmaceutical industries [16]. Seaweed extracts have already been commercialized and are now used in agricultural activities. There are many varieties of seaweed, such as powder, granular, and LSF (Liquid Seaweed Fertilizer). Cereals, legumes, and countless floral plants have all been demonstrated to thrive well on whole or finely chopped algae-based composts or the extracts thereof. Because such products are devoid of viable weed seeds and other harmful moulds, seaweed manure is highly beneficial. Liquid seaweed extracts are also used as a topical agent to improve the growth and yield of horticultural crops, vegetables, fruit plants, and grains [17,12].

Seaweed Use in Agriculture

Seaweeds have been used since ancient times to enhance soil and boost agricultural yields (Figure 2). However, it was originally mentioned in the first half of the first century that transplanting cabbage was a good idea [18]. The general belief that plants only absorb nutrients through their roots and not their leaves prevented seaweed extract from becoming widely employed in agriculture for about ten years, despite the fact that it was first produced in liquid form in 1950. The use of seaweed extract is steadily increasing to boost output and productivity without endangering the environment. As our knowledge of plant physiology advances, bio-stimulants are becoming more and more well-liked globally in sustainable agriculture these days [19].

There are several commercially available formulations that incorporate seaweed extracts in an odd ratio. Agriculture is the most prevalent application for brown algae, particularly *Ascophyllum nodosum* [20].

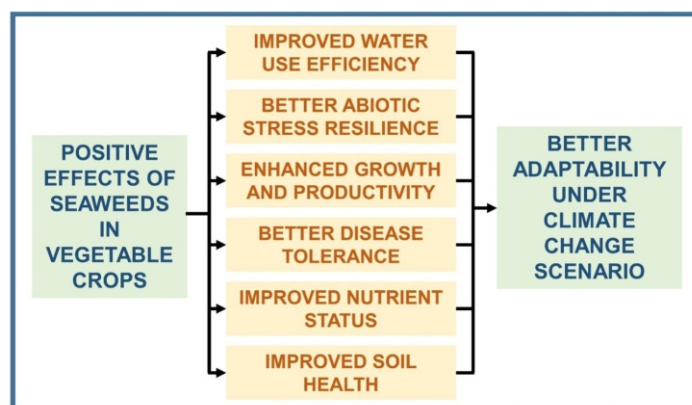


Figure 2: Various ways by which the seaweed extracts improved productivity and enhanced the adaptability of vegetable crops in a sustainable manner.

Numerous studies demonstrate that applying seaweed extracts to various vegetable crops, including tomatoes [21,22] and brinjal [23,24], improves growth indices, yield potential, and quality. Among them are bottle gourd [25], broccoli [26], onion [27], cucumber [28,29], cluster-bean [30], lettuce [31], okra [32], radish [33], sweet pepper [34], and numerous others.

Effects of seaweed extracts on growth, yield, and quality parameters of vegetable crops

Numerous researchers have noted that applying seaweeds has a good impact on a variety of vegetable crop metrics. The growth parameters of potatoes (cv. Kufri Jyoti) have been significantly impacted by the foliar application of seaweed extracts, specifically *Kappaphycus alvarezii* sap (K-sap) and *Gracilaria edulis* sap (G-sap). The most growth was observed with an economically feasible treatment of the foliar spray of 10% K-sap extract [35]. Additionally, it was noted that the highest increase in the vegetative development of potato, cv. Spunta was obtained when seaweed extract was applied at a rate of 5 mL/L. [36]. It has also been observed that seaweed extracts improve potato germination or shoot emergence. When seaweed extract (200 mg/L) was applied, the number of tubers that germinated increased, as did the number of leaves, leaf area, and tubers, as well as the plant's productivity [37]. Several studies have also assessed the use of seaweed extract in conjunction with the recommended dosage of fertilizers. When combined with the recommended amount of fertilizer, seaweed extracts (10% K-sap or 10% G-sap) significantly increased the growth characteristics of potatoes, such as plant height and stem number, compared to the control [38]. When compared to control plants, the seaweed extracts 'Alga 600' and 'Sea Force 2' demonstrated the best vegetative characteristics in potatoes [39]. The application of SWE resulted in improved tomato plant growth (flower clusters, flower number, fruit number, root length, root and shoot dry weight, SPAD) and plant productivity (yield and quality) when *Durvillaea potatorum* and *Ascophyllum nodosum* (brown algae) were added to the soil growing tomato plants [21]. In contrast to the control, [40] found that using seaweed extract (*Sargassum horneri*) considerably boosted tomato yield by 4.6–6.9%. In tomatoes cultivated in greenhouses and fields, the application of seaweed extracts

from *A. nodosum* improved the values of flower clusters, fruit production, number of fruits, shoot dry weight, and root dry weight [41, 42] (Figure 3).

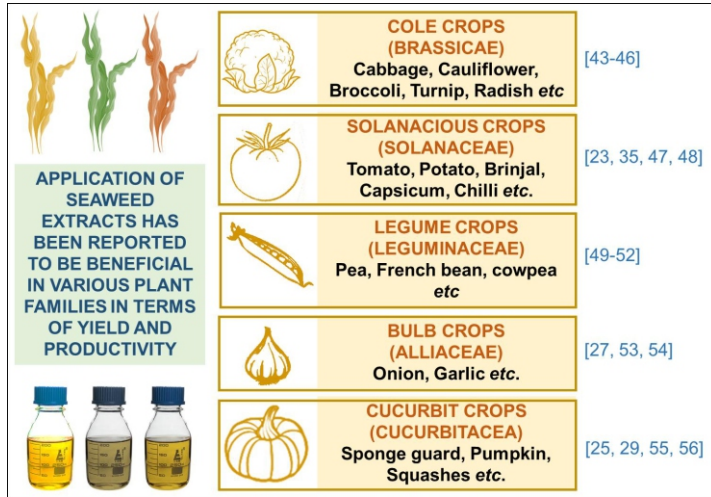


Figure 3: Examples of the beneficial effect of seaweeds in the vegetable crops of some important plant families, as evident from recent studies with supporting references in square brackets.

It has been observed that using the SWE combination of *Durvillaea potatorum* and *A. nodosum* can increase broccoli's growth and yield metrics [45]. In contrast to the control, smearing the tomato plants with seaweed extracts (*Ascophyllum nodosum*) at 1 or 2 g/l reflected the highest values of setting percentage, number of fruits/plant, yield/plant, and total soluble solids [57]. Spraying tomato hybrids with seaweed extracts at 1 g/l recorded the highest values for plant growth characters, leaves, and total dry weight. Further, it was also recorded that when *Sargassum tenerrimum* extract is used on tomato plants, a gradual improvement in yield and growth is observed [58].

Moreover, the application of *A. nodosum* extracts to tomato plants had a gradual impact on the quantity and productivity of flower clusters [41]. Whereas, the seaweed extract from *Padina gymnospora* considerably improved the somatic and generative parameters in tomato [59]. This is because the roots grew and proliferated better, which allowed them to effectively draw nutrients from the deeper soil layers [60]. In a study on the effects of seaweed fertilizer that was made using three seaweeds: *Turbinaria ornata* (TSF), *Ulva intestinalis* (USF), and *Portieria hornemannii* (PSF) on *Vigna radiata* growth and yield, [61] found that the seaweed fertilizer (SF) in particular, PSF, was a low-cost and environmentally safe fertilizer for increasing yield.

Auxins and cytokinins found in seaweed extract (from *Turbinaria ornata*) may play an important role in root and shoot

growth in *Vigna radiata* [62]. The increase in shoot, root, and biomass production in *Vigna radiata* was attributed to the micro and macro elements found in the seaweed extract (*Ulva lactuca*) [63]. When soluble extract from *A. nodosum* was sprayed over spinach leaves, higher levels of phenolics, flavonoids, and antioxidants were noted [64]. When a concentration of 15% of the seaweed extract was applied to soybean plants, they grew taller than the control [65]. Similar results were observed when 500 ml ha⁻¹ of seaweed extract was applied to soybean plants during the flowering stage [66].

An improvement in pea growth indices and yield was observed when seaweed extracts were applied [49]. They found that the number of pods per plant, pod fresh weight, pod length, number of seeds per pod, and 100-seed weight improved when 4 mL L⁻¹ seaweed extract was applied to the leaves and soil as opposed to 0, 1, 2, and 3 mL/L. Further, the application of seaweed extracts to pea plants produced improved the parameters like number of pods, seeds per pod, plant length, number of primary branches, length of pods, number of root nodules in roots [67], which were essential for fixing nitrogen in the atmosphere, number of flowers, and green mass production. In cauliflower, improvements were noted in characteristics such as plant height, leaf count, plant spread, curd diameter, curd weight, and yield [68]. Additionally, The use of seaweed extract (Alga mix) was recommended to improve growth indices and yield potential of cauliflower [69].

Studies have also been conducted on the effects of seaweed extracts and a few other bio-stimulants on potatoes. Bio-stimulants are one of the agrotechnological components used in contemporary plant cultivation that, when combined with fertilization and plant protection, can positively impact both the amount and quality of yields [70, 71]. In the potato cv. Spunta, the seaweed extract (5 mL/L) enhanced tuber yield and yield-contributing characteristics [36]. The optimal dosage for increasing potato crop production was found to be 5 milliliters per litre (mL/L) of the seaweed True Algae Max [61]. Seaweed extracts have grown in popularity recently as bio-stimulants for improving plant growth, yield, quality, and productivity [72]. Seaweed extracts affect the quality parameters in addition to amplifying the growth parameters and yield-related features in potatoes. The quality of potatoes (cv. Kufri Jyoti) was greatly impacted by the foliar application of several seaweed extracts, such as *Kappaphycus alvarezii* sap (K-sap) and *Gracilaria edulis* sap (G-sap). In addition to indicating its economic feasibility, a 10% K-sap spray produced the highest nutrient (N, P, and K) uptake, values for quality attributes like ascorbic acid, and a decrease in sugar content [35]. Nitrogen, total soluble solids, and protein contents of the potato tubers were accelerated by the foliar application of 'Primo' an organic bio-stimulant, to the potato cultivar 'Sante' [73]. Table 1 below shows how various seaweed extract affected vegetable crop growth, yield, and quality.

Table 1: Effect of seaweed on growth, yield, and quality of vegetable crops.

| Crop | Seaweed | Effect | Concentration | Reference |
|--------------|------------------------------|--|--|-----------|
| Potato | TAM® True-Algae-Max | Higher potato yield production, quality, besides biochemical and physiological traits. | 5 mL/L | [47] |
| Cucumber | Seaforce and Seamino | Increased cucumber yield, fruit number per plant, fruit weight.ml | 1.5 mL/L | [28] |
| Potato | Bio algeen S90 and Kelpak SL | Enhanced tuber weight per plant, average tuber weight and tuber yield. | Bio-algeen S90: 2 L/ha and Kelpak SL: 2 L/ha | [74] |
| Potato | Algae extract | Increased the plants growth attributes as leaves number, the leaf area, tubers number, and the plant production. | 200 mg/L | [37] |
| Potato | Primo | Amplified plant growth and yield. | 250 ml/ha | [73] |
| Sweet Potato | <i>Ulva lactuca</i> | Boost sweet potato growth, yield and tuber root chemical compositions. | 15% | [75] |

| | | | | |
|---|---|---|--|----------|
| Sweet pepper | Mar Marine and Basfoliar Aktiv | Enhanced Vegetative growth. | 2 mL/L and 3 mL/L | [34] |
| Lettuce | Basfoliar Kelp | Extending the shelf-life of fresh-cut leaf lettuce. | 4 mL/L | [76] |
| Okra | <i>Rosenvigea intricate</i> | Enhanced growth, yield, chlorophyll pigment and soil profile. | 20% | [32] |
| Capsicum | <i>Codium Decorticatatum</i> | Maximum germination of seed, fresh and dry weight, root and shoot length, number of branches, leaf area, number of pods and content of total chlorophyll, chl a, and chl b, protein, carbohydrate and lipids were observed. | 50% | [77] |
| Onion | <i>Ascophyllum nodosum</i> extract | Increased total soluble solids, ascorbic acid and minerals (N, P, and K), bulb weight and yield. | 3% | [27] |
| Cucumber | True Algae Max | Enhanced cucumber yield. | 100% | [29] |
| Okra | <i>Sargassum spp.</i> Gel formulation | Increased carbohydrate, Protein, dietary fibre and vitamin-C content of fruits. | 2% | [22] |
| Capsicum | Kelpak extract | Boost the number and size of the marketable fruit. | 0.4% | [78] |
| Potato | Alga 600 and sea force 2 | Enhanced plant height (cm), aerial stem number, total chlorophyll, fresh weight of vegetative part (gm) and tuber yield. | 3mL/L | [39] |
| Potato | <i>Kappaphycus alvarezii</i> (K sap) and <i>Gracilaria edulis</i> (G sap) | Increment in marketable and total tuber yield of potato. | 10% K sap +10% G sap + suggested dose of chemical fertilizer | [38] |
| Carrot | Actiwave® | Improved growth and quality parameters | 10 g/L | [79] |
| Potato | <i>Kappaphycus alvarezii</i> (K sap) and <i>Gracilaria edulis</i> (G sap) | Increased plant height, tuber yield. | 10% K sap +10% G sap + RDF | [35] |
| Hot pepper | True- Algae-Max | Enhanced yield and prominent amounts of biological molecules like chlorophyll, ascorbic, phenolic compounds, flavonoids, and total nutrients. | 1% | [48] |
| Tomato | <i>Sargassum sp.</i> | Promoting hypocotyl and root growth of tomato plant. | 5 mg/L | [2] |
| Red radish | Seaweed extract | Enhanced growth, quality and yield in red radish. | 3 mL/L | [44] |
| Soyabean | <i>Sargassum wightii</i> and <i>Ulva lactuca</i> | Increased shoot length, leaf length leaf width, number of leaves, root length chlorophyll-a (mg/g FW), chlorophyll-b (mg/g FW), total Chlorophyll (mg/g FW), and carotenoids (mg/g FW). | 2% and 2% | [50] |
| Lettuce | <i>A. nodosum</i> , <i>Durvillaea potatorum</i> , <i>Durvillaea Antarctica</i> , and <i>Ecklonia maxima</i> | Increased root and shoot, chlorophyll content, photo-chemical efficiency, activity of photosystem II, and marketable yield increase. | 4%, N 30 kg | [80, 81] |
| Onion | <i>A. nodosum</i> | Increased bulb diameter, eight, minerals and ascorbic acid content. | 0.55% | [53] |
| Broccoli | <i>Durvillaea potatorum</i> , and <i>A. nodosum</i> | Increased the leaf area, stem diameter and biomass of broccoli. | 145% | [45] |
| Bottle gourd | Seaweed extract | Enhanced crop performance, young shoot yield and quality of <i>L. siceraria</i> . | 3mL/L | [25] |
| Brinjal | <i>Sargassum wightii</i> | Improved the plant height, flowers/plant and chlorophyll content. | 5 ml | [82] |
| Brinjal | <i>Laurencia obtuse</i> | Significantly affected seed germination and growth of <i>Solanum melongena</i> , and also improved soil profile. | 2% | [23] |
| Capsicum | <i>Ulva lactuca</i> | Improved growth, yield and quality parameters such as protein content, soluble sugar and chlorophyll content of the third young leaves. | 1% | [83] |
| Guar (<i>Cyamopsis tetragonoloba</i>) | <i>Rosenvigea intricate</i> | Increased growth, yield, chlorophyll and soil profile. | 20% | [30] |
| Pea | <i>Ascophyllum nodosum</i> | Enhanced pea growth, photosynthetic pigments, and yield-related traits. | 4 mL/L | [49] |
| Cauliflower | Seaweed extract | Increased the concentration of phosphorous, potassium, and boron. | 6.6 mL/L | [43] |

Effects of seaweed extracts in mitigating the harmful effects of plant stress

Seaweed extracts are not only useful bio-stimulants in improving the growth and productivity of vegetable crops but also safeguard them from several harmful effects of both abiotic and biotic stresses. Further, their nonhazardous nature to the environment is one of their key characteristics [80]. Thus, bio-stimulants (such as seaweed extracts) have a positive impact on plant growth and development that extends beyond increasing yield and includes helping plants cope with biotic and abiotic stress [58, 81, 86]. Moreover, it was recorded that using seaweed extracts under salt stress improved the amount of chlorophyll in tomato plants [87]. The tomato's ability to withstand salt may be due to bioactive substances found in seaweed extracts, such as polyphenols, flavonoids, soluble sugars, and amino acids. Seaweed extracts are a new class of bio-stimulants that help plants become more resilient to a variety of abiotic stresses [88]. This could be attributed to the presence of bioactive substances such as vitamins, amino acids, phytohormones, and trace minerals [89].

A similar conclusion were made another group [90], who proposed that seaweed extracts boost the synthesis/activities of both enzymatic and non-enzymatic antioxidants. Further, it was found that applying seaweed extracts to tomato leaves under salt stress boosted the accretion of Cl⁻ ions, which in turn reduced the water potential and the concentration of Na⁺ ions [91].

Seaweed extracts also protect plants from biotic stress. It was found that applying seaweed extracts to the plants reduced the amount of nematode infestation [92]. Root-knot nematode incidence in tomatoes is reduced when soil is amended with a commercial liquid formulation of *E. maxima* (sea-bamboo) extract. When administered topically, *A. nodosum* extracts decreased the incidence of *Phytophthora capsici* infection in chili [93]. Seaweed extracts also increased the number and activity of *Pythium ultimum* antagonistic bacteria in cabbage [94]. Further, the application of chitosan and extract from *Ascophyllum nodosum* works in concert to activate peas' host defense against powdery mildew, primarily through the modulation of the signaling pathway mediated by salicylic acid

(SA) and jasmonic acid (JA) [95]. When *Ascophyllum nodosum* (SW) extract was sprayed at a rate of 0.2% on carrots and exposed to *Alternaria radicina* and *Botrytis cinerea* inocula six hours later, it was recorded that there is a substantial decrease in disease severity at 10- and 25-days following inoculation, as compared to control plants [96]. The treated plants showed increased activity of defense-related enzymes such as β -1,3-glucanase, phenylalanine ammonia lyase, polyphenol oxidase, chitinase, and peroxidase (PO), indicating the function of seaweed extracts in carrot disease resistance.

When the effects of Marmarine, a formulation of marine plant extract from *Ascophyllum nodosum*, on cucumbers infected by *Phytophthora* sp. were investigated; it was recorded that it may improve resistance by increasing the activity of several defense-related enzymes and changing the transcript levels of several defense related genes [97]. When *Ascophyllum nodosum* (brown seaweed) extract was applied at a 0.5% concentration and used in conjunction with fungicides, it significantly decreased the incidence of disease in tomatoes caused by foliar pathogens such as *Alternaria solani* and *Xanthomonas campestris* pv. *vesicatoria* [41]. Further, the *verticillium* wilt can also be effectively controlled by using a seaweed extract made from *Ecklonia maxima*, when used at a concentration of 1% [98]. The use of seaweed extracts for reducing the adverse effects of various biotic and abiotic stresses have been compiled in Table 2.

Table 2: Influence of seaweed extract on growth, yield and quality of vegetable crops under abiotic stress

| Crop | Abiotic stress | Seaweed | Concentration | Effect | Reference |
|---|------------------------|--|------------------------------|--|-----------|
| Brinjal | Salt stress | <i>Ascophyllum nodosum</i> | 5 mL/L | Enhanced growth, yield and quality of brinjal. | [99] |
| Bean (<i>Phaseolus vulgaris</i> L.) | Drought stress | <i>Ulva rigida</i> and <i>Fucus spiralis</i> | 25% | Improved plant height, Enhanced chlorophyll a (Chl a), chlorophyll b (Chl b) pigments and contents of glycine betaine (GB) were also detected with all SWE treatments under water deficit. | [100] |
| Tomato | Salt stress | <i>Padina gymnospora</i> | 0.2% | Enhanced root and shoot length, root and shoot area and shoot and root fresh weight. | [59] |
| Tomato | Heat stress | <i>Ascophyllum nodosum</i> | 0.106% | Increased flower development, pollen viability, and fruit production. | [101] |
| Tomato | Salt stress | <i>Sargassum vulgare</i> | 2% and 5% | Improved seedling growth of tomato. | [102] |
| Tomato | Salt stress | <i>Ulva lactuca</i> | 1 mg/ml | Increased fresh weight. | [103] |
| Tomato | Salt stress | <i>Rygex</i> and <i>Super fifty (SU)</i> | 2.50 mL/L and 2.00 mL/L | Improved water use efficiency and increased tomato yield by 49% (R) and 70% (SU) regardless of the salinity level. | [91] |
| Zucchini squash | Salt stress | <i>Ecklonia maxima</i> | 3 mL/L | Increased yield and shoot biomass, as well as fruit total soluble solid contents in comparison to untreated plants. | [104] |
| Spinach | Drought stress | <i>Ascophyllum nodosum</i> | 0.5% | Enhanced spinach growth, high photosynthetic rate. | [105] |
| Okra | Reduced NPK | <i>Ecklonia maxima</i> | 0.40% | Increased leaf number, root and stem thickness, shoot and root weight and leaf area. | [106] |
| Cucumber | Low temperature stress | Seaforce and Seamino | 1.5mL/L | Improved flowering characters, and increased cucumber yield (fruit number per plant, fruit weight per plant and yield per plant). | [28] |
| Okra | Drought stress | <i>Ascophyllum nodosum</i> | 0-0.3% | Increased the chlorophyll abundance and activity of anthocyanin, proline. | [85] |
| Pepper | Salt stress | <i>Ascophyllum nodosum</i> | 1-3 g/L | Increase leaf biomass | [107] |
| Radish | Heavy metal stress | <i>Ulva fasciata</i> and <i>Sargassum lacerifolium</i> | 1.1 mg/kg | Improved growth | [108] |
| Soyabean | Salt stress | <i>Sargassum wightii</i> and <i>Ulva lactuca</i> | 1% seaweed liquid fertilizer | Improved growth, yield, chlorophyll pigment and soil profile. | [50] |
| Sweet potato | Nutrient stress | <i>Ascophyllum nodosum</i> | 0.75% | Enhanced quality of tuber roots. | [109] |
| Chicory | Drought stress | <i>Ecklonia maxima</i> | 7.7% | Increased growth, yield and total chlorophyll, proline and ascorbic acid content | [110] |
| Soyabean | Drought stress | Red seaweed | 10% | Improved yield. | [111] |
| Bean | Salt stress | <i>Sargassum vulgare</i> | 0.5% | Increased germination of bean. | [112] |
| Tomato | Drought stress | <i>Chondrus crispus</i> | 0.1% | Enhanced tomato growth and drought resistance. | [113] |
| Tomato | Drought stress | <i>Ascophyllum nodosum</i> | 0.33% | Boost plant growth, foliar density, chlorophyll, lipid peroxidation, proline, soluble sugars. | [114] |
| Lettuce | Salt stress | <i>Ascophyllum nodosum</i> | 10 mL/L | Increased root, stem, total plant weight. | [115] |
| Cucumber | Salt stress | <i>Ascophyllum nodosum</i> | 2 g/kg | Enhanced fruit yield. | [116] |
| Tomato | Salt stress | <i>Dunaliella salina</i> exopolysaccharides | 0.1 g/L | Increased chlorophyll, protein, and proline content. | [117] |
| Cowpea | Salt stress | Seaweed extracts | 2-4% | Higher photosynthetic pigments, proline and Phenylalanine ammonia lyase activity. | [118] |

Conclusion and future prospects

In the last few decades, there has been a sharp growth in demand for chemical fertilizers to meet the demands of the growing human population. Their use not only increases the cost of cultivation but also raises some serious environmental and human health concerns. On the other hand, the use of seaweed extract tends to improve the ability of plants to absorb nutrients, leading to better productivity, particularly in vegetable crops. The seaweed extracts are gaining popularity as eco-friendly alternatives to improve the growth, quality, and productivity of vegetable crops.

Therefore, the use of seaweed extracts holds immense promise in sustainable vegetable production. As global concerns grow over the adverse effects of synthetic fertilizers and pesticides on human health and the environment, the demand for natural bio-stimulants like seaweed-based products is expected to rise sharply. Seaweed extracts, derived from diverse species such as *Ascophyllum nodosum*, *Sargassum* spp., and *Ulva lactuca*, etc., are also rich in bioactive compounds, including phytohormones, and boost stress resistance in plants. Their multifaceted benefits in improving the yield, quality, and resilience of vegetable crops have been well-documented by various researchers.

As the research in this field advances, the development of more refined formulations tailored to specific crop types, growth stages, and environmental conditions is likely, which will further enhance their efficacy. Integration with precision agriculture technologies, such as targeted foliar applications via drones and data-driven irrigation systems, can also further optimize their usage efficiency and reduce their wastage. Moreover, the use of seaweed extracts in combination with other bio-stimulants is yet to be studied in different combinations in detail, which is likely to reduce doses of synthetic fertilizers. The large-scale popularisation and commercialisation, supported by robust policy frameworks and farmer education, will be crucial for widespread adoption. Additionally, expanding the cultivation of economically important seaweed species along the coastline may provide rural livelihood opportunities while supporting circular bio-economy goals. Recently, efforts have been initiated to study the molecular mechanisms by which seaweed extracts affect plant physiology, enabling the breeding of varieties more responsive to these natural stimulants. Overall, seaweed-based bio-stimulants represent a sustainable solution for enhancing vegetable production in light of the increasing global human population, resource scarcity, climate change, and the need for healthier food systems.

Supplementary Data

There is no supplementary data pertaining to the review

Author contribution statement

Author AK collected the data and wrote the first draft of the manuscript, AS and PR conceptualized the review, drafted the framework (headings and subheadings) of the review, edited the manuscript, and improved the figures. SK compiled the information in the form of and helped in the editing of the manuscript, whereas AA prepared the figures and also helped in the editing of the manuscript. All authors read and approved the final manuscript.

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NA

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